

# Cecina

*Vivi a sea of experiences*




COMUNE  
di CECINA



## **A sea of experiences**

To live Cecina, its coast and the pine forest, a wonderful natural heritage. Come and discover the flavors, the places of sport and culture; dive into the many opportunities that the territory offers for a fun and relaxing holiday on the Etruscan Coast.

*Elena Benedetti  
Assessora al Turismo  
Comune di Cecina*





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# Discover Cecina

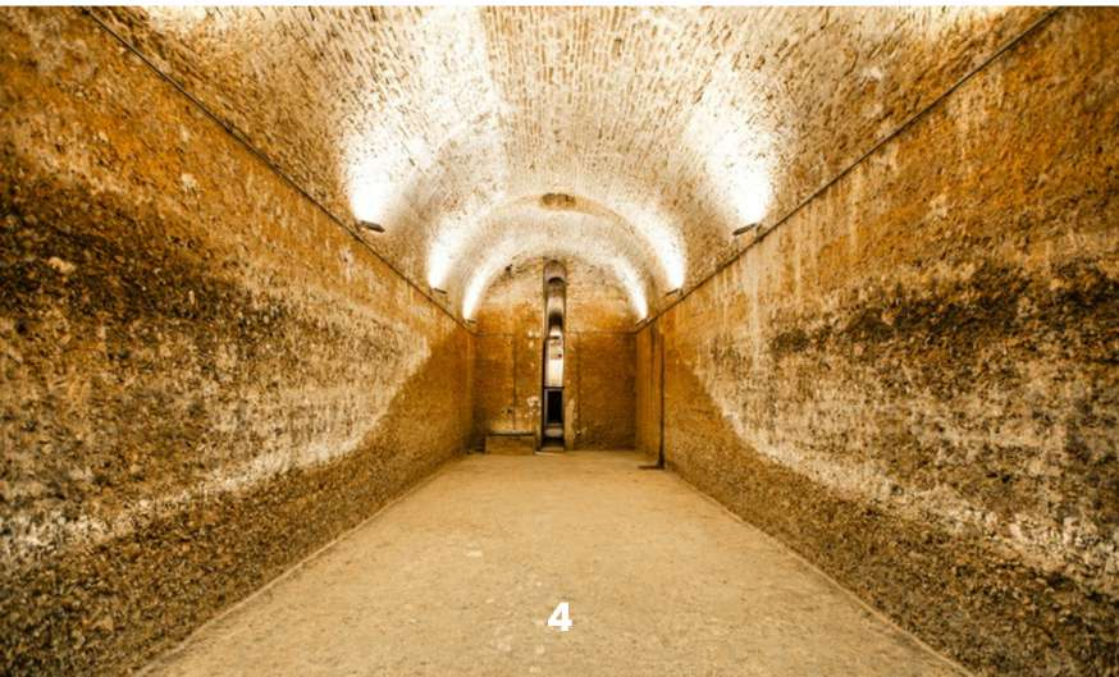
## San Vincenzino Archaeological Park

### **The Villa Romana and its underground cistern**

An amazing example of an imperial villa on the banks of the river Cecina, immersed in a park not far from the sea. Probably belonged to Decio Albino Cecina, a noble descendant of the volterrana family of Caecina. The large underground cistern is perfectly preserved and can be visited.

*Hours and info:*

*[museoparcoarcheologicocecina.visitcecina.com](http://museoparcoarcheologicocecina.visitcecina.com)*





## Archaeological Museum

### **Villa Guerrazzi, La Cinquantina**

Francesco Domenico Guerrazzi bought the farm in 1868 and transformed it into a villa: he spent the last years of his life here, until his death in 1873. Today it houses the Archaeological Museum, which collects numerous examples of artifacts and archaeological finds from the Lower Valley of the river Cecina, on a journey from Prehistory to the Roman age with treasures such as the splendid funeral equipment of the Necropolis of Casa Nocera in Casale Marittimo and from the site of Casalvecchio. There is also a tactile path that allows the visitor to "touch our past" and makes the museum experience accessible to all.

*Hours and info:*

*[museoparcoarcheologicocecina.visitcecina.com](http://museoparcoarcheologicocecina.visitcecina.com)*





# Teatro Eduardo De Filippo

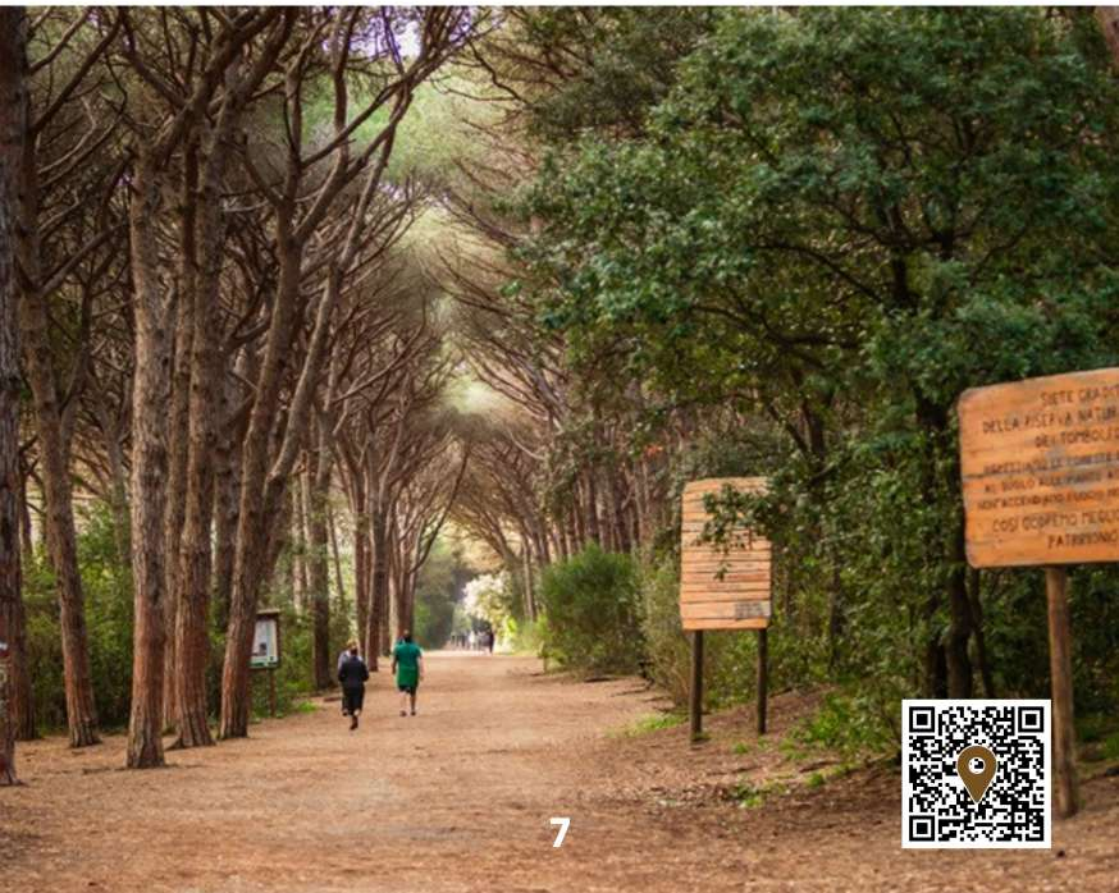


The Eduardo De Filippo Theater is a versatile and multifaceted venue. What makes this place so special is the fusion of the arts, which brings together theater and music, as well as literature and dance. The theater offers a rich cultural experience featuring a mix of national and international projects alongside activities organized by local associations and independent groups.



## Biogenetic reserve Tombolo Nord e Sud

To walk, run or simply relax between the buzzing cicadas and the scent of the sea: one of the longest and most beautiful pine forests in Italy, a green lung overlooking the beach. The Tomboli di Cecina Nature Reserve stretches for 15 km in length, divided into two zones, Tombolo Settentrionale (Northern) and Tombolo Meridionale (Southern), divided by the mouth of the river Cecina. Inside there are pedestrian and cycle paths.



## The **Pink** Awakening of the Pine Forest: a carpet of cyclamen

**Don't miss the blooming of wild cyclamen in the spring!** Between late winter and early spring, the Tomboli Nature Reserve transforms into an unexpected display: the undergrowth glows with the delicate pink of wild cyclamen, which cover vast areas, creating a veritable carpet of flowers. Their light fragrance accompanies walks through the pine forest and announces the arrival of spring, offering one of the most evocative and surprising moments of Cecina's natural landscape.





## Viale della Vittoria

### The promenade of Marina di Cecina

Ideal for strolling among clubs, shops and "terrace squares" overlooking the sea from which enjoying wonderful sunsets: a place where you can experience the sea all year round. In the Summer evenings it comes alive with events and markets.





# Pedestrian center and Piazza Carducci

## Shopping and the children's square

Cecina is the center of shopping; in the pedestrian area of Corso Matteotti, Piazza Guerrazzi and the crosswalks you can find plenty of shops and restaurants. Piazza Carducci instead is children's favorite with games and fountains.



# Cecina

# Everywhere Sport

## Village San Francesco

This "citadel of sport and culture" hosts the municipal library and the Eduardo De Filippo theater, but also a series of sports facilities and play areas, ideal for families and fitness lovers. You will find a playground, a skate park, a skating and cycling track, basketball courts, free volleyball and soccer fields, a dog area, in addition to a number of sports facilities. The area is located in the block between Via Aldo Moro, Via Vico and Via Napoli.





## Tennis and soccer courts

### Mantoflex municipal tennis courts

In Via Aldo Moro, indoor and outdoor tennis courts, and courses for everybody (age 8+). Padel courts and lessons, summer camp and private lessons for all levels, from beginner to competitive.

Info: [www.mantoflextennispaddle.it](http://www.mantoflextennispaddle.it)

### Municipal futsal courts

Located in the village of Parco San Francesco. Possibility to rent the fields also for events and birthdays.

Info: Instagram page @360bar.treesessanta

### Tennis club Garden alla Mazzanta

Tennis courts for rent, individual and collective lessons, tennis school for children and adults, competitive training. Tournament organization and Tennis Academy

Info: [labucadelgatto.com](http://labucadelgatto.com)



## Athletics Track

Named after Pietro Mennea, the municipal athletics facility has recently been renovated. It features 6 lanes, as well as areas for the high jump, long jump, throwing areas, and pole vault. It frequently hosts foreign athletes who appreciate our climate.

Via Aldo Moro

*Via Aldo Moro*



## “Il Paiolo” Riding Stables

Just a few steps from the Tombolo Sud Nature Reserve, where you'll find a horse trail perfect for wonderful rides. Off-season, you can even ride on the beach.

Outdoor and indoor riding arenas, horse boarding available, riding lessons for beginners and experienced riders, trail riding, and horse training.

*Via del Galoppatoio 1*

*Info: Instagram*

*@poscente\_horses*



## Sports for Everyone

### Where

- Le Gorette

In the pine forest (near the beach, Intercomunale Anziani Association)

- Marina

In the pine forest, Via Rossetti and Terrazza dei Tirreni

- Marina Tombolo Sud

- In the pine forest, Piazzetta Calasole near Andalù Beach



### What

During the summer, a daily wellness event is scheduled. Free fitness classes open to everyone are available, such as yoga, active cardio, and spinning: a simple and enjoyable way to stay active, have fun, and recharge, ideal for experiencing the area outdoors and sharing moments of sport and relaxation.



For information and schedules, visit the City's website [www.comune.cecina.li.it](http://www.comune.cecina.li.it) under the "Vivere il Comune" section



## Outdoor Fitness Areas

### **San Pietro in Palazzi – Mauro Niccolini Area**

In addition to the fitness area within San Francesco Park, there is also an open-air gym in the district of San Pietro in Palazzi, in the square between Via Quarto and Via Cantini.

This equipped area regularly hosts free, open-to-the-public fitness classes led by qualified instructors.



### **Marina di Cecina Viale Galliano**

Immersed in the greenery of the Marina pine forest, between Viale Galliano and Via Rossetti, there is a free outdoor gym open to everyone, ideal for working out in the open air under the shade of the pine trees. During the summer, the area also hosts courses and activities dedicated to wellness and exercise.





## Kartodromo and paddle courts

### Kartodromo

#### La Pista del Mare

You will find it at the resort of Paduleto, close to the pine forest of Marina. The track is 1280 meters long, 8 curves to the right and 6 to the left. Possibility of single and two-seater go kart experience also in the evening, hosts events of GP karting.

Info:

[www.pistadelmare.com](http://www.pistadelmare.com)



### Padel Corner Pista del Mare

Three professional courts, relaxation area, refreshment and changing rooms.

Info:

[www.padelcecina.it](http://www.padelcecina.it)



## Tuscany Love Bike

### Discovering the Etruscan Coast by bike

Guided bike tours (e-bike, mtb, road bikes, gravel), rental options, inclusive guided bike tours for people with disabilities. Experiences for all, experts and beginners.

*Info [www.tuscanylovebike.it](http://www.tuscanylovebike.it)*



## El Faro fishing Tourism

### Boat excursions

A family of fishermen organizes fishing trips culminating in a lunch with the catch of the day, to discover the typical recipes of the territory and the authenticity of products.

*Info: [www.ristorantelfaro.it](http://www.ristorantelfaro.it)*



## Spot 1 Surf School Center

### At Gorette

The ideal place to experience the sea at 360 degrees: windsurfing school, wingfoil, wave surf, sup and catamaran for days of sport and relax between the sea and the pine forest of the beautiful Etruscan Coast. Beach bar and sunbeds/umbrellas rental service.

Info: [www.spot1.it](http://www.spot1.it)



## Diving Cecina sub center

### Port of Cecina

Diving courses with professional instructors and certification release. Trips in inflatable boats for adults and children, with snorkeling experiences at the Secche di Vada and Castiglioncello for diving into the discovery of the wonderful underwater marine world.

Info: [www.centro-sub.com](http://www.centro-sub.com)



## Boat Rentals

### Toscana in Mare

Based at the harbor of Cecina, we offer boat rentals—with or without a license, and with or without a skipper. For a unique experience exploring the stunning coast of Tuscany: let us recommend the must-see destinations.

*Info:*

*[www.noleggiogommonicecina.it](http://www.noleggiogommonicecina.it)*



## Vela e canottaggio

### Sailing and Rowing

Sailing and rowing courses for all ages, from beginner to competitive levels, with qualified instructors and equipment provided. Activities all year round, including for schools and children.

*Info: [www.cnfcecina.it](http://www.cnfcecina.it)*





# The sea is just the beginning

## Liberamente

(which means both "Free Mind" and "Freely")



### A beach for everyone

At Le Gorette the Municipality has created a beach equipped for people with disabilities. A dedicated path allows visually-impaired people to reach the beach in autonomy. At the end of the platform, a "Seatrac Mover", a track powered by solar energy, allows people with mobility disabilities to access the water independently. Recycled wooden gazebo for shade, accessible dressing rooms and bathroom with showers, as well as reserved parking. All services provided free of charge.

**LIBERAMENTE**  
UNA SPIAGGIA PER TUTTI



## Free beach for dogs

### South and North Tomboli Reserves

A short walk in the pine forest leads to portions of beach dedicated to pets. Dogs allowed also during the bathing season. Free beaches.



## Dog-friendly beach

### Le Gorette

A bathing establishment tailor-made for our four-legs friends. Pebble beach, the pine forest behind, dog-oriented gazebos and showers and agility play area.

Info: [www.baubeachlegorette.it](http://www.baubeachlegorette.it)



## Desiderato Benedetti Bocce Court, Marina di Cecina



The Marina di Cecina Bocce Court is a space open to everyone where you can enjoy pleasant moments with friends and family. Here you can play bocce, cards, have fun with board games, or simply relax with a good book. The facility is located just a short walk from the sea and is surrounded by a beautiful pine forest, making it ideal for both adults and children. It also hosts a summer camp designed for children ages 5 to 12. A wide range of activities, games, and fun experiences are offered in a safe and welcoming environment. It's the perfect place to socialize and enjoy your free time outdoors.

*Info: Instagram: [funfactory\\_animazione](#)*



## Acqua Village

### Water Theme Park Cecina

Amid crashing waves, breathtaking slides, and exotic atmospheres, every corner of the park is an adventure waiting to be experienced. From the magic of Makai Beach to the rhythms of Kauai, all the way to the energy of the Lua Pele volcano: let yourself be swept away on a journey of adrenaline and relaxation, immersed in an authentic Tiki-Hawaiian setting.

From high-speed slides to areas dedicated to relaxation and fun for the little ones, Acqua Village Cecina is the ideal place for the whole family. With water games, whirlpools, and themed areas, every moment becomes special.



And when it's time for a break, let yourself be captivated by the flavors of our Food & Drink: a blend of taste and freshness that completes your exotic day.

*Info e orari: [www.acquavillage.it](http://www.acquavillage.it)*



## Parco Gallorose

### **Walking through biodiversity**

3 km of trails immersed in 2.5 acres of greenery where you can discover more than 130 animal species across 5 continents and the World Farm. Summer camps, workshops, themed birthdays and outreach talks. Open every day.

*Info and timetable: [www.parcogallorose.it](http://www.parcogallorose.it)*



## Bimbolandia

### **Via Rossetti**

In the shade of pine trees and a stone's throw from the seafront, an area dedicated to children with bouncy houses and castles.

*Via Rossetti in Marina di Cecina*





## Weekly Markets

A lively and bustling market winds its way through the center of Cecina every Tuesday morning: it is one of the largest markets in Tuscany. Stalls sell food, flowers, clothing, and home accessories. A smaller version takes place on Friday mornings in San Pietro in Palazzi. In the summer, the market is also held on Sunday mornings in Marina di Cecina, at the end of Viale della Repubblica.

### **Mercatino del corso**

The pedestrian center hosts a traditional market featuring antiques, vintage items, and collectible items on the last Sunday of every month.

### **Mercatini delle opere dell'ingegno creativo**

On Viale della Vittoria in Marina di Cecina, from Thursday to Saturday in July and August, starting at 7:00 PM.

## Bitossi Terrecotte

A historic terracotta and ceramics manufacturer since 1929, a place where clay comes to life in the hands of artisans. Showroom and retail space. Guided tours by reservation (€5 per person; for reservations, call 0586.620219). Self-guided tours of the shop and workshop are available daily from 9:00 AM to 12:30 PM and 3:00 PM to 7:00 PM, and on Sundays from 10:00 AM to 12:30 PM and 4:00 PM to 7:00 PM.

Via C. Ginori, 62

[www.bitossiterrecotte.it](http://www.bitossiterrecotte.it)



## Mediterranea Belfiore

Authentic flavors of the Tuscan region to experience firsthand, a journey of taste through extra virgin olive oils, local specialties, and Tuscan culinary traditions. Tastings of Tuscan products and local oils, cooking classes to learn recipes from those who know them best, and a virtual tour of the facility. Reservations required.

Via F.D. Guerrazzi

[info@mediterraneabelfiore.it](mailto:info@mediterraneabelfiore.it)

[www.mediterraneabelfiore.it](http://www.mediterraneabelfiore.it)



## Tini Soundgarden

Just 5 km from the sea, the club is surrounded by greenery, unique in its kind and style, hosts events with the best DJs and coolest performers. Theme nights attracting young people from all over the region.

*The calendar of events:  
[www.tinisoundgarden.it](http://www.tinisoundgarden.it)*

Also rental rooms for private events, with kitchen and characteristic limonaia (lemon greenhouse).



## Dan Kafè

Drinks and wine, aperitifs and buffets, but also jazz shows, book presentations and music events. Cafeteria-bookstore nominated by the Gambero Rosso Guide as one of the best cafes in Italy. Meeting place from sunrise to after dinner. During the weekends, do not miss the happy Dan hour.

*Info: [www.dankafe.it](http://www.dankafe.it)*



# Events

Discover the full calendar of events and information about places to visit in Cecina.

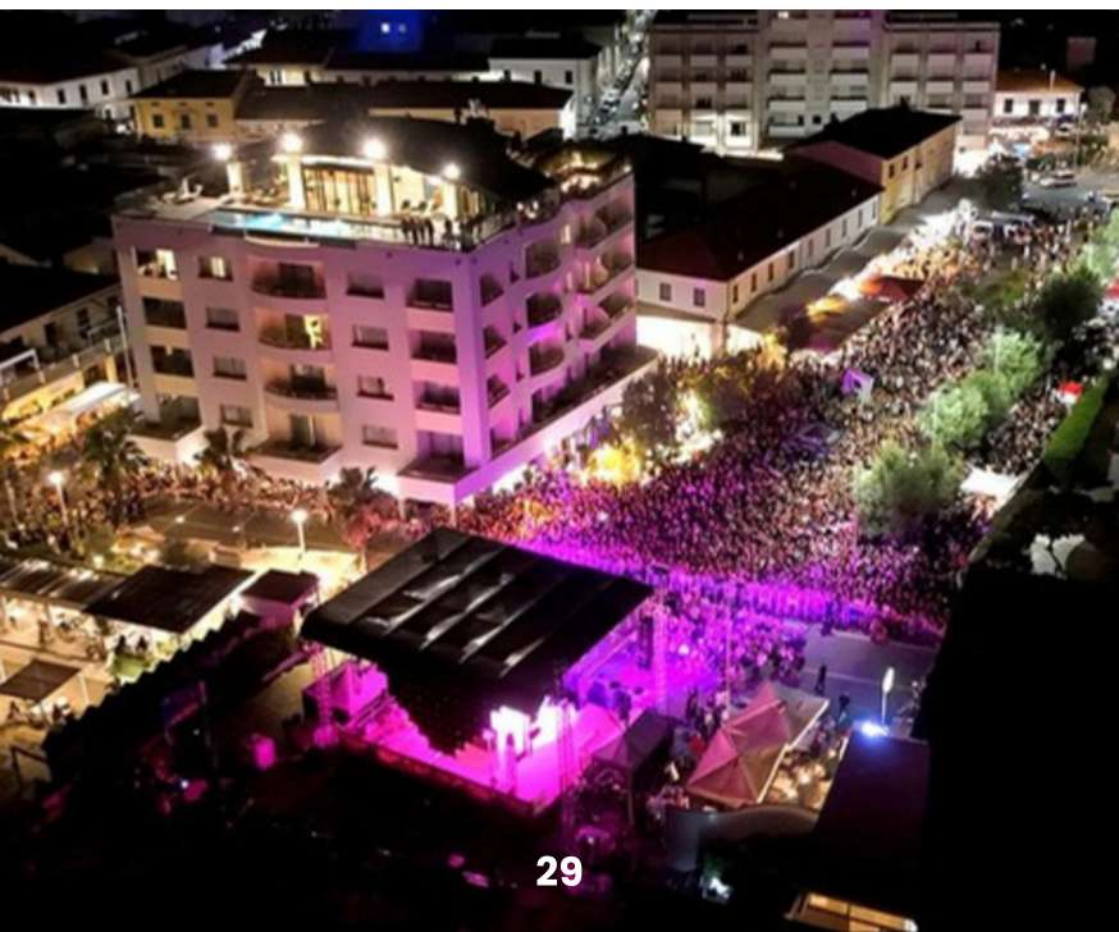
[www.comune.cecina.li.it/pagina133703\\_eventi.html](http://www.comune.cecina.li.it/pagina133703_eventi.html)



**Comune di Cecina**



**comunedicicina**



# AUTOBUS E TRENINI PER LE SPIAGGE

## PERIODO ESTIVO

Scopri gli orari  
[www.comune.cecina.li.it](http://www.comune.cecina.li.it)



FREE LINES

LINE 114 – CECINA – MAZZANTA – ROSIGNANO SOLVAY –  
CASTIGLIONCELLO

Daily schedule

LINE 125 – MARINA DI CECINA – CECINA CALIFORNIA –  
MARINA DI BIBBONA

Evening schedule

SHUTTLE SAN PIETRO IN PALAZZI – MAZZANTA – LE GORETTE

Afternoon schedule

PAID LINES

MARINA DI CECINA – MAZZANTA  
SHUTTLE TRAIN

Morning and evening schedule

*On Tuesdays, the line reaches*

*Piazza della Libertà for the weekly market*

MARINA DI CECINA SHUTTLE TRAIN

Orario serale

SCAN ME



ORARI E TRATTE



## Information

### **Tourist office**

Viale Galliano 49, tel. +39 0586.620678

[ufficioturistico@comune.cecina.li.it](mailto:ufficioturistico@comune.cecina.li.it)

(Ask for information about pet-friendly accommodations and beach establishments as well)

### **Medical tourist office**

Viale Galliano 49, tel. + 39 0586.611666

(consigliata prenotazione telefonica)

### **Emergency 112**

**Comune Amico** +39 0586.611227

### **Medical Doctor on call**

(ex Medical Office) 116117

**Civil protection** +39 0586.611112

**Municipal Police** + 39 0586.630977



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Comune di Cecina



FOR ALL INFO  
WEBSITE  
[www.comune.cecina.li.it](http://www.comune.cecina.li.it)



COMUNE  
di CECINA

*Have a good holiday*

