

Cecina

Vivi a sea of experiences



COMUNE
di CECINA



A sea of experiences

To live Cecina, its coast and the pine forest, a wonderful natural heritage. Come and discover the flavors, the places of sport and culture; dive into the many opportunities that the territory offers for a fun and relaxing holiday on the Etruscan Coast.

*Elena Benedetti
Assessora al Turismo
Comune di Cecina*





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Discover Cecina

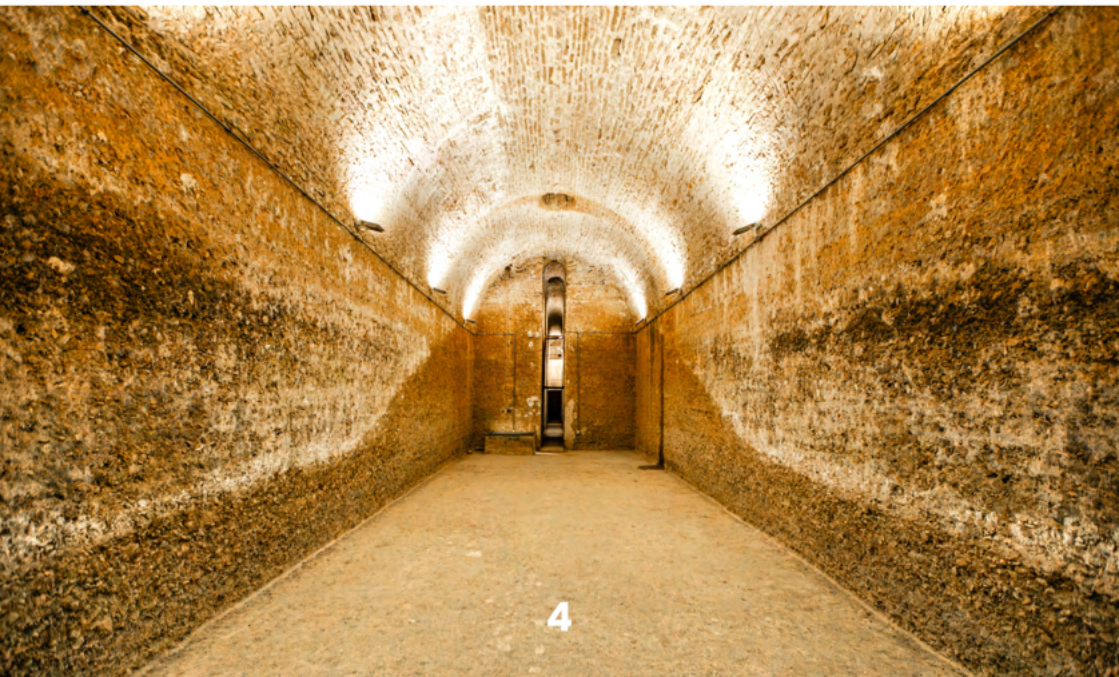
San Vincenzino Archaeological Park

The Villa Romana and its underground cistern

An amazing example of an imperial villa on the banks of the river Cecina, immersed in a park not far from the sea. Probably belonged to Decio Albino Cecina, a noble descendant of the volterrana family of Caecina. The large underground cistern is perfectly preserved and can be visited.

Hours and info:

museoparcoarcheologicocecina.visitcecina.com





Archaeological Museum

Villa Guerrazzi, La Cinquantina

Francesco Domenico Guerrazzi bought the farm in 1868 and transformed it into a villa: he spent the last years of his life here, until his death in 1873. Today it houses the Archaeological Museum, which collects numerous examples of artifacts and archaeological finds from the Lower Valley of the river Cecina, on a journey from Prehistory to the Roman age with treasures such as the splendid funeral equipment of the Necropolis of Casa Nocera in Casale Marittimo and from the site of Casalvecchio. There is also a tactile path that allows the visitor to "touch our past" and makes the museum experience accessible to all.



Hours and info:

museoparcoarcheologicocecina.visitcecina.com



Biogenetic reserve Tombolo Nord e Sud

To walk, run or simply relax between the buzzing cicadas and the scent of the sea: one of the longest and most beautiful pine forests in Italy, a green lung overlooking the beach. The Tomboli di Cecina Nature Reserve stretches for 15 km in length, divided into two zones, Tombolo Settentrionale (Northern) and Tombolo Meridionale (Southern), divided by the mouth of the river Cecina. Inside there are pedestrian and cycle paths. **Not to be missed the flowering of wild cyclamens in Spring!**





Viale della Vittoria

The promenade of Marina di Cecina

Ideal for strolling among clubs, shops and "terrace squares" overlooking the sea from which enjoying wonderful sunsets: a place where you can experience the sea all year round. In the Summer evenings it comes alive with events and markets.



Pedestrian center and Piazza Carducci

Shopping and the children's square

Cecina is the center of shopping; in the pedestrian area of Corso Matteotti, Piazza Guerrazzi and the crosswalks you can find plenty of shops and restaurants. Piazza Carducci instead is children's favorite with games and fountains.





un mare di esperienze

Cecina Everywhere Sport Village San Francesco

This "citadel of sport and culture" hosts the municipal library and the Eduardo De Filippo theater, but also a series of sports facilities and play areas, ideal for families and fitness lovers. You will find a playground, a skate park, a skating and cycling track, basketball courts, free volleyball and soccer fields, a dog area, in addition to a number of sports facilities. The area is located in the block between Via Aldo Moro, Via Vico and Via Napoli.



Tennis and soccer courts

Mantoflex municipal tennis courts

In Via Aldo Moro, indoor and outdoor tennis courts, and courses for everybody (age 8+). Padel courts and lessons, summer camp and private lessons for all levels, from beginner to competitive.

Info: www.mantoflextennispaddle.it

Municipal futsal courts

Located in the village of Parco San Francesco. Possibility to rent the fields also for events and birthdays.

Info: Instagram page [@360bar.treesessanta](https://www.instagram.com/360bar.treesessanta)

Tennis club Garden alla Mazzanta

Tennis courts for rent, individual and collective lessons, tennis school for children and adults, competitive training.

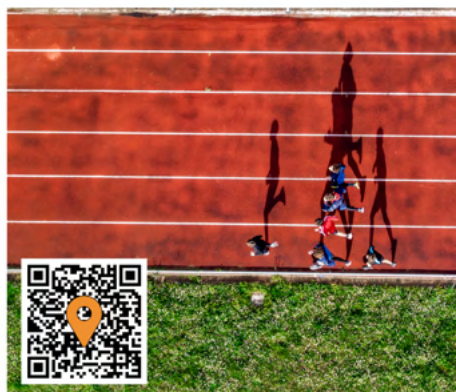
Info: hotel-labucadelgatto.it



Running track

Named after Pietro Mennea, this tracks and field facility has recently been redeveloped. It is equipped with 6 lanes, high jump and long jump platforms, throwing/putting pad, as well as pole jumping. It frequently hosts foreign athletes who appreciate our climate.

Via Aldo Moro



Riding school "Il Paiolo"

Outdoor and indoor field, possibility of horse shielding. A stone's throw from the South Tombolo Reserve, which features horse trails for wonderful rides.

Out of season you can also ride on the beach. Riding lessons for beginners and not, fun activities with ponies (from 3 years), integrated sports and equestrian rehabilitation.

Via del Galoppatoio 1

Info: Instagram @asdhelios



Sport for everyone in the pine forest

Where

- Le Gorette

In the pine forest (near the Intercommunal Assisted Beach for Seniors)

- Marina

In the pine forest, Via Rossetti

- Marina Tombolo

In the pine forest, Calasole square near Andalù Beach



When

July and August, every day in the morning; from July 19 to August 20, also in the evening.

What

Three locations in the pine forest, two months of free fitness courses, every day, open to all. Slow body courses, for those who want to combine fitness with the search for balance and physical well-being; postural, with targeted active exercises that help prevent or alleviate musculoskeletal problems; Active Cardio, Active Metabolic, Active Tabata, Active Hit, High-Intensity workouts. And even courses of Total Body, Pilates, and Spinning.

*For info consult the Vivere il Comune section on the Municipality website:
www.comune.cecina.li.it*



Fitness area S.Pietro in Palazzi

Free fitness courses all year round

In addition to the fitness area in the San Francesco Park, there is an open-air gym in the hamlet of San Pietro in Palazzi, in the square between Via Quarto and Via Cantini. Free courses are held there by qualified instructors throughout the year.



For info consult the web site of the Municipality
www.comune.cecina.li.it Vivere il Comune section



Kartodromo and paddle courts

Kartodromo

La Pista del Mare

You will find it at the resort of Paduleto, close to the pine forest of Marina. The track is 1280 meters long, 8 curves to the right and 6 to the left. Possibility of single and two-seater go kart experience also in the evening, hosts events of GP karting.

Info:

www.pistadelmare.com



Padel Corner Pista del Mare

Three professional courts, relaxation area, refreshment and changing rooms.

Info:

www.padelcecina.it



Tuscany Love Bike

Discovering the Etruscan Coast by bike

Guided bike tours (e-bike, mtb, road bikes, gravel), rental options, inclusive guided bike tours for people with disabilities. Experiences for all, experts and beginners.

Info www.tuscanylovebike.it



El Faro fishing Tourism

Boat excursions

A family of fishermen organizes fishing trips culminating in a lunch with the catch of the day, to discover the typical recipes of the territory and the authenticity of products.

Info: www.ristorantelfaro.it



Spot 1 Surf School Center

At Gorette

The ideal place to experience the sea at 360 degrees: windsurfing school, wingfoil, wave surf, sup and catamaran for days of sport and relax between the sea and the pine forest of the beautiful Etruscan Coast. Beach bar and sunbeds/umbrellas rental service.

Info: www.spot1.it



Diving Cecina sub center

Port of Cecina

Diving courses with professional instructors and certification release. Trips in inflatable boats for adults and children, with snorkeling experiences at the Secche di Vada and Castiglioncello for diving into the discovery of the wonderful underwater marine world.

Info: www.centro-sub.com



Rental of inflatable boats

Tuscany at sea

Based at the Cecina port, rental of boats with or without license, with or without skipper. For living a unique experience and discovering the wonderful coasts of Tuscany: take some advice about destinations not to be missed.

Info:

www.noleggiogommonicecina.it



Canoe rental

Bagni Sirena at Marina

At the beach establishment possibility of renting stand-up paddles (sups) and canoes (with 1 or 2 seats: the slow way to live the sea and discover our coast. And at the return aperitif on the beach. Every Sunday dj set.

Info: Pagina instagram
[@bagnisirena.cecina](https://www.instagram.com/bagnisirena.cecina)



The sea is just the beginning

Liberamente

(which means both "Free Mind" and "Freely")



A beach for everyone

At Le Gorette the Municipality has created a beach equipped for people with disabilities. A dedicated path allows visually-impaired people to reach the beach in autonomy. At the end of the platform, a "Seatrac Mover", a track powered by solar energy, allows people with mobility disabilities to access the water independently. Recycled wooden gazebo for shade, accessible dressing rooms and bathroom with showers, as well as reserved parking. All services provided free of charge.



LIBERAMENTE
UNA SPIAGGIA PER TUTTI

Free beach for dogs

South and North Tomboli Reserves

A short walk in the pine forest leads to portions of beach dedicated to pets. Dogs allowed also during the bathing season. Free beaches.



Dog-friendly beach

Le Gorette

A bathing establishment tailor-made for our four-legs friends. Pebble beach, the pine forest behind, dog-oriented gazebos and showers and agility play area.

Info: www.baubeachlegorette.it



Acqua Village

The Hawaiian-themed water park

In Marina di Cecina the fun village with water slides, swimming pools, water games in a Hawaiian scenery. Swimming pools and attractions for all ages, from the most adrenalinic slides, such as Lua Pele, the 17-meter high volcano, to the little children's island, Moku, colorful and full of games; also two family-friendly relax islands.

Info and timetable: www.acquavillage.it

Parco Gallorose

Walking through biodiversity

3 km of trails immersed in 2.5 acres of greenery where you can discover more than 130 animal species across 5 continents and the World Farm. Summer camps, workshops, themed birthdays and outreach talks. Open every day.

Info and timetable: www.parcogallorose.it



Bimbolandia

Via Rossetti

In the shade of pine trees and a stone's throw from the seafront, an area dedicated to children with bouncy houses and castles.

Via Rossetti in Marina di Cecina





Weekly markets

A lively and rich market runs through the city center of Cecina every Tuesday morning: it is one of the largest markets in Tuscany. Food, flower, clothing and home accessories stalls. A reduced version on Friday mornings at San Pietro in Palazzi. Summer market also in Marina di Cecina on the final part of Viale della Repubblica on Sunday mornings.

Mercatino del Corso

The last Sunday of the month

The pedestrian center of Cecina hosts a traditional market with displays of antiques, modern antiques, and collectibles.



Local Art Fair

On Viale della Vittoria in Marina di Cecina, during the months of July and August from Thursday to Saturday starting at 7pm.



Anfiori ceramics

Ceramics workshops to learn pottery techniques, potter's wheel, porcelain painting, and jewelry making.

Info: pagina Facebook Anfiori Fatto a mano



Tini Soundgarden

Just 5 km from the sea, the club is surrounded by greenery, unique in its kind and style, hosts events with the best DJs and coolest performers. Theme nights attracting young people from all over the region.

The calendar of events:
www.tinisoundgarden.it

Also rental rooms for private events, with kitchen and characteristic limonaia (lemon greenhouse).



Dan Kafè

Drinks and wine, aperitifs and buffets, but also jazz shows, book presentations and music events. Cafeteria-bookstore nominated by the Gambero Rosso Guide as one of the best cafes in Italy. Meeting place from sunrise to after dinner. During the weekends, do not miss the happy Dan hour.

Info: www.dankafe.it



Events

Discover the full calendar of events and information about places to visit in Cecina.

www.comune.cecina.li.it/pagina133703_eventi.html



Comune di Cecina



comunediccina



BUSES AND TRAINS FOR BEACHES

JUNE-SEPTEMBER 2025

Every day in July and August (June and September on Fri-Sat evenings only):

LINE 114 - CECINA - MAZZANTA - ROSIGNANO SOLVAY -
CASTIGLIONCELLO - Free ride

Every day in July and August:

LINEA 125 - MARINA DI CECINA - CECINA - CALIFORNIA -
MARINA DI BIBBONA - Free ride

From 8pm to 11.30pm

In July and August (afternoon):

NAVETTA SAN PIETRO IN PALAZZI - MAZZANTA - LE GORETTE -
Free ride

From 3pm to 7pm

June 12 to September 14:

TRAIN FOR CAMPING SITES

Morning: 9.30am - 1pm - Free ride

Evenings: 8pm - 12am (Electronic ticket on board 1.50 euro)

For the Tuesday market, the line ends in Piazza della Libertà

June 12 to September 14:

TROLLEY TRAIN MARINA DI CECINA

(Electronic ticket on board 1.50 euro)

From 8.50pm to 11.50pm



Find out the timetable
www.comune.cecina.li.it

SCAN ME





Information

Tourist office

Viale Galliano 49, tel. +39 0586.620678
ufficioturistico@comune.cecina.li.it

Medical tourist office

Viale Galliano 49, tel. + 39 0586.611666
(consigliata prenotazione telefonica)

Emergency 112

Comune Amico +39 0586.611227

Medical Doctor on call

(ex Medical Office) 116117

Civil protection +39 0586.611112

Municipal Police + 39 0586.630977



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WEBSITE
www.comune.cecina.li.it



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